

**Monday**



**(v)(h) Mac 'n' Cheese (G.D)**

or



**(vg) Plant Power Burger (G)**

or



**(v) Cheese/Beans (D)**

**Tuesday**



**(h) Beef Lasagne (G.D)**

or



**(vg) Garden Vegetable Fingers (G)**

**Wednesday**



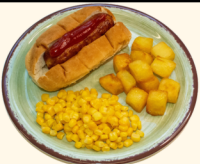
**Roast Chicken Fillet Yorkshire Pudding (G.E.D)**

or



**(v) Plant Power Toad in the Hole (G.E.D)**

**Thursday**



**Pork Hot Dog (G.SU.SB)**

or



**(v)(h) Vegetable Curry**

**Friday**



**Salmon Fishcake (F.G)**

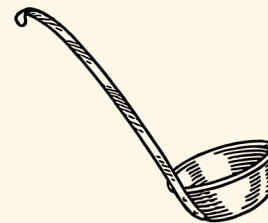
or



**(v) Cheese & Tomato Pizza Wedge (G.D)**

**(v) Cheese/Beans (D)**

**Jacket Potatoes Every Day**



**Week 3 Dessert Menu**

**Monday**

**(v) Strawberry Whip with Fruit (D)**

**Tuesday**

**(v)(h) Apple Cookie (G.E)**

**(v) Ice Cream (D)**

**Wednesday**

**(v) Pancake with Fruit (G.E.D)**

**Thursday**

**(v)(h) Jim Jam Chocolate Brownie (G.E.D)**

**Friday**

**(v)(h) Carrot & Orange Cookie (G)**

**(vg) Jelly with Fruit**

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

**Allergen Key**

**VG-Vegan, V-Vegetarian, H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.**

